

# THRIVE LEADERSHIP MASTERCLASS

Transform your leadership experience from surviving to thriving with Alison Earl

1-DAY IMMERSIVE LEARNING + A FRAMEWORK  
TO GUIDE YOU FROM SURVIVING TO THRIVING

Are you an early education leader seeking to enhance collaboration, cooperation, and responsibility within your team? Join us for a transformative 1-day masterclass with internationally acclaimed leadership expert, Alison Earl.

Alison brings a blend of dynamic teaching and deep empathy. Under her guidance, you'll learn to:

- ▶ Adopt a visionary leadership approach.
- ▶ Manage stress effectively, preventing burnout.
- ▶ Cultivate a resilient stress response for better decision-making.
- ▶ Foster a culture of collaboration and transparency within your team.
- ▶ Navigate challenges with open communication, reducing resistance and fostering innovation.

Alison's primary goal is to empower individuals to master their reactions to change, uncertainty, and stress. Join us for a transformative experience that promises not just knowledge but a ripple effect of positive change throughout your organisation.



**If you only attend one professional development session this year, this is the one you should attend. The leadership training Alison provided was excellent, I am still using her strategies with my team 12 months down the track."**

Kathy Phipps, Narooma Preschool Director & 2022 Alison Earl Leadership Retreat attendee

## Special bonus:

Guild Insurance lawyer Sharlene Wellard will share her expertise on Workplace Relations with a focus on best practice performance management and an overview of the Fair Work Commission claims process PLUS provide an opportunity for you to ask your burning workplace relations questions.

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<b>DELIVERY</b>	Face to face
<b>WHEN</b>	Thursday 28th September, 10am-4.30pm
<b>LOCATION</b>	Conference Room Work Club 2 Locomotive St, Eveleigh, Sydney  [7 minute walk from Redfern Station]  <a href="#">VIEW THE MAP</a>
<b>COST</b>	<b>Members:</b> \$95 <b>Non members:</b> \$120  <b>Note:</b> This event would normally be priced at over \$450. Thanks to our sponsor Guild Insurance, we are able to offer a full day of immersive learning for this incredible price.
<b>OTHER NOTES</b>	Catering is not included. Please bring your own food, drinks and snacks, or plan to purchase your lunch from one of the many cafes or food outlets nearby. A notebook and pen will be supplied.

## PROGRAM

TIME	DETAILS
10AM-10.15AM	<ul style="list-style-type: none"> <li>▶ Michele Carnegie intro and welcome</li> <li>▶ Introduction from our sponsor, Guild Insurance</li> </ul>
10.15AM-12.15PM	<p><b>Workshop 1: Adapting to Change (Alison Earl)</b></p> <ul style="list-style-type: none"> <li>▶ Understand the impact of change and uncertainty, how stress works and the power of mindset to take control of our own experience.</li> <li>▶ <b>OUTCOME:</b> A changed mindset strategy</li> </ul> <hr/> <p>▶ 15 minute tea break</p> <hr/> <p><b>Workshop 2: Empowering Others (Alison Earl)</b></p> <ul style="list-style-type: none"> <li>▶ Learn to make critical shifts to empower your team to be 'response-able' and gain tools to protect yourself against leader fatigue.</li> <li>▶ <b>OUTCOME:</b> Overcome leader fatigue</li> </ul>
12.15PM-1PM	<ul style="list-style-type: none"> <li>▶ Lunch and networking</li> </ul>
1PM-3PM	<p><b>Workshop 3: Mastering Time Scarcity (Alison Earl)</b></p> <ul style="list-style-type: none"> <li>▶ Discover a new approach to time management that incorporates energy management; restructure your day to maximise usable hours and productivity.</li> <li>▶ <b>OUTCOME:</b> Improve productivity</li> </ul> <hr/> <p><b>Workshop 4: Developing Leadership Strengths (Alison Earl)</b></p> <ul style="list-style-type: none"> <li>▶ Through a process of appreciative inquiry, we will identify and enhance the self-determined 'forces' behind optimal success.</li> </ul> <p><b>DISCOVER AND DREAM</b></p> <ul style="list-style-type: none"> <li>» Discover the best from the past</li> <li>» Dream of what's possible: imagine a future where you consistently show up at your best</li> </ul> <p><b>DESIGN AND DECLARE</b></p> <ul style="list-style-type: none"> <li>» Design what might be: build pathways to take you from where you are to where you want to be</li> <li>» Declare what will be: make a commitment to what actions you will take</li> </ul> <p>▶ <b>OUTCOME:</b> Create an actionable plan to move forward</p>
3PM-3.45PM	<p><b>Bonus: Workplace Relations (Guild Lawyer Sharlene Wellard)</b></p> <ul style="list-style-type: none"> <li>▶ Focus on: Best Practice Performance Management and an overview of the Fair Work Commission claims process</li> <li>» In this session Sharlene will talk about identifying underperformance and misconduct and how to deal with it in a way that is designed to both change behaviour and put the centre in the best position to lawfully end the employment and defend a legal claim if needed.</li> <li>» She will cover dealing with difficult conversations, preparing for meetings, what responses to expect, what to document and when.</li> <li>» She'll provide an overview of how the Fair Work Commission deals with claims, address some myths and share her experiences assisting early education and care services.</li> </ul>
3.45PM-4.30PM	<ul style="list-style-type: none"> <li>▶ NETWORKING + Q&amp;A Guild Insurance representatives including Lawyer Sharlene Wellard, Principal Georgina Odell and Relationship Manager Celeste Konen.</li> </ul>

## MEET YOUR FACILITATOR

### Alison Earl

Alison is a resilience and mindset expert, positive psychology practitioner and author. She works with people and companies globally to empower self-directed change.

With over 15 years spent studying human behaviour and motivation, Alison helps people take control of their own experience of stress, change and uncertainty, so that they feel empowered to adapt and thrive. Her intent is not to eliminate or reduce stress in people but help them become more resilient and resourceful and to thrive with stress – not just survive it.

A repeat guest lecturer in Behavioural Economics at the Harvard School of Public Health, Alison also leads a think tank dedicated to solving the most complex problems in behaviour change.



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