

PROGRAM

A framework for understanding and responding to behaviours that challenge

Groundbreaking, research-informed workshops

FEBRUARY - MARCH 2025



"I can't state how much I enjoyed my two days at this professional learning. Face-to-face learning is so beneficial and to be able to share experiences and to not feel so alone as we see an increase in behaviours that challenge us is self affirming. Cathrine provided practical pedagogies to use in heightened situations and strategies to assist in minimising those from even occurring."

Miquita C, ECT at Kurri Kurri Preschool, NSW

With

PROFESSOR CATHRINE NEILSEN-HEWETT



CHOOSE FROM:



FACE-TO-FACE
SINGLE TICKET



ONLINE
TEAM TICKET



To be effective and ensure each child can reach their potential, early childhood professionals need to clearly understand what drives children's behaviour. This interactive masterclass program, created and facilitated by behaviour expert Professor Cathrine Neilsen-Hewett, will empower you with an evidence-informed framework to help you to navigate behaviours that challenge.

Choose from a 2-day face to face workshop OR 5-part live online series.



FACE-TO-FACE ~ 2 DAY MASTERCLASS

WHERE: Club York, 95-99 York Street, Sydney

WHEN: Thursday 27 and Friday 28 February, 2025

Day 1 (9am-4pm) - Understanding Children's Behaviour

9AM - 12PM

Adopting a New Lens

Exploring the "what" and "why" behind children's behaviour. This includes understanding the role of the brain, children's developmental capacities, and common influences such as trauma and challenging environments.

Introduction to the 6Rs Framework

An evidence-based framework which has been designed to support teachers and educators to better understand the complexity behind children's behaviour and to intentionally build children's capacity to navigate their environment.

Self-Regulation

A deep dive into how self-regulation impacts children's behaviour.

12.30 - 1.30PM

Lunch and networking

1.30 - 4PM

Understanding Behavioural Routes

Examining the origins and common pathways that lead to challenging behaviours.

Self-Regulatory Ship

A tool or concept to understand how children's brains influence their behaviour.

Day 2 (9am-4pm) - How we can respond to children's behaviour (practice lens)

9AM - 12PM

Relational Pedagogy

We will explore what relational pedagogy is, how you can help children to understand emotions and the role of play based pedagogy in responding to and supporting children's behaviour.

12.30 - 1.30PM

Lunch and networking

1.30 - 4PM

Building relationships and adopting new approaches

- ▶ How to build strong relationships with children.
- ▶ Introduction to tools that can be used to audit environments to identify strengths and areas for growth.
- ▶ Consideration of various activities and pedagogical approaches across different curriculum areas.
- ▶ Discussion on the language used with children and its impact.



LIVE ONLINE MASTERCLASS SERIES ~ 5 X 2 HOUR SESSIONS

WHERE: Online - Live streaming (includes access to recordings)

WHEN: Tuesday 25 Feb + Tuesday 4, 11, 18 and 25 March 2025

DATE/TIME	SESSION
TUE 25 FEB 10AM-12PM	<p>Exploring the Why Behind Behaviour</p> <p>Child development expert Professor Cathrine Neilsen-Hewett will guide participants through an exploration of the crucial role of the brain in shaping behaviour, children's developmental capacities in relation to behaviour responses, and the influences of trauma and challenging environments.</p> <p>In this first webinar you will be introduced to the 6R framework - an evidence-based approach to responding sensitively and effectively to behaviours that challenge. Participants will be supported to understand the "why" behind children's behaviours, and to critically reflect upon existing program strengths as well as potentialities for growth and development.</p> <p>Cathrine will discuss the routes to behaviours that challenge: the interrelated factors in a child's life such as temperament and diagnosis, familial dynamics, parenting approaches, neighbourhood influences, early childhood education settings, as well as broader socioeconomic contexts, and their impact on behaviour and development.</p>
TUE 4 MAR 10AM-12PM	<p>Trauma Responsive Practice and Pedagogies</p> <p>Professor Cathrine Neilsen-Hewett will explain how to foster safety and security for children through relational pedagogy and intentional teaching. Participants will learn practical strategies to build self-regulatory capacity - a skill critical for children's learning, wellbeing and development. Participants will be introduced to the innovative and popular Self-Regulatory Ship, a teaching tool that brings the 6Rs together in a fun analogy that is easy to understand and remember.</p> <p>Participants will leave the session armed with a toolbox of tools and tips that are designed to not only help you to better understand and respond to children's behaviours 'in the moment' but to build their self-regulatory capacity across a range of learning contexts.</p>
TUE 11 MAR 10AM-12PM	<p>Community of Practice Q&A session</p>
TUE 18 MAR 10AM-12PM	<p>Empowered and Enabled</p> <p>Professor Cathrine Neilsen-Hewett will explore the significance of staff wellbeing and capacity to effectively respond to behaviours that challenge.</p> <p>Together we will examine the way that supported and empowered educators can engage in relational pedagogy to provide a sense of safety and security for the children in their care. We will also discuss the key characteristics of enabling environments, including consistent routines and clear expectations and the important role of the environment in shaping behaviour.</p> <p>What you will gain from this webinar: Participants will develop an understanding of effective communication and collaboration and how this supports a consistent response to children's behaviour. The session will also cover the importance of consistency in educator-child interactions, the role of clear communication in setting behavioural expectations, and how respectful, trust-building practices can reduce the incidence of behaviours that challenge. Cathrine will share practical strategies for creating a relationally inclusive and supportive environment that supports capacity building.</p>
TUE 25 MAR 10AM-12PM	<p>Building Better Behaviours</p> <p>Facilitated by child development expert Professor Cathrine Neilsen-Hewett, this webinar will explore tools and techniques for building children's self-regulatory capacity and the development of strong, respectful relationships with children, emphasising the significance of a nurturing and responsive environment. We will explore activities and pedagogies designed to build self-regulatory capacity across everyday experiences (i.e., within STEM-based activities, through imaginative play, through dialogical reading experiences).</p> <p>What you will gain from this webinar: Participants will be introduced to tools designed to audit and enhance their service's physical, relational and pedagogical environments, ensuring they are responsive to children's developmental needs, interests, and cultural backgrounds. By understanding and applying these principles, educators can create enriching environments where children feel safe, respected, and engaged, ultimately leading to more positive behavioural outcomes.</p>

Meet the facilitator

PROFESSOR CATHRINE NEILSEN-HEWETT

Professor Cathrine Neilsen-Hewett is the Academic Director of the Early Years, University of Wollongong, is a member of the National Early Childhood Development Council and sits on both government and non-government advisory committees and boards in Australia and internationally.

She has demonstrated leadership and scholarship in translational research with a strong track record in developing and delivering professional learning initiatives across the early childhood education sector. She has co-led numerous large-scale research projects, has authored and co-authored academic papers and been recognised for her expertise in children's behaviour, self-regulation, early childhood pedagogy and workforce development.



Who should attend?

Any early childhood professional who:

- ▶ Recognises that they need to know more about understanding and supporting children's behaviour.
- ▶ Wants to expand their skills and toolkit around supporting challenging behaviours, including knowing what to do and how to approach situations 'in the moment'.
- ▶ Wants to feel more empowered in their practice and approach when engaging children and their development and improve their personal wellbeing.

"As the Director of two pre-schools, I was motivated to engage with this professional learning because of the unique and challenging environment we work in. Many of our children come from very disadvantaged backgrounds and have experienced significant trauma. Our classrooms are complex, with a range of differing abilities and behaviours that can be quite extreme and confronting for both the children and our educators. I would highly recommend this training to others as it provides clarity, strategies, and hope—not just for supporting the children, but for supporting the educators as well."

Debbie S, Preschool and Children's Services Director, NSW

Book now



FACE-TO-FACE 2 DAY MASTERCLASS

\$680 member / \$750 non-member (per person)

Price includes a 2-day pass for one person, bonus audit tool and follow up support Q&A session.

BOOK NOW:

www.cela.org.au/training/childrens-behaviour-face-to-face



LIVE ONLINE MASTERCLASS SERIES 5 X 2 HOUR SESSIONS

\$710 member / \$790 non-member (per team)

Price includes access to recordings, a bonus audit tool and follow up support Q&A session.

BOOK NOW:

www.cela.org.au/training/childrens-behaviour-online



Find out more

www.cela.org.au/events/behaviour-framework-program



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